



**June 23 2019 The Solemnity of the Most Holy Body and Blood of Christ Lectionary: 169 Gospel LK 9:11B-17**

Jesus spoke to the crowds about the kingdom of God, and he healed those who needed to be cured. As the day was drawing to a close, the Twelve approached him and said, "Dismiss the crowd so that they can go to the surrounding villages and farms and find lodging and provisions; for we are in a deserted place here." He said to them, "Give them some food yourselves." They replied, "Five loaves and two fish are all we have, unless we ourselves go and buy food for all these people." Now the men there numbered about five thousand. Then he said to his disciples, "Have them sit down in groups of about fifty." They did so and made them all sit down. Then taking the five loaves and the two fish, and looking up to heaven, he said the blessing over them, broke them, and gave them to the disciples to set before the crowd. They all ate and were satisfied. And when the leftover fragments were picked up, they filled twelve wicker baskets.

---

**Spiritual Reflections:** "When Jesus gave us the Eucharist, he intended it to be a ritual that invites us to come together as a family in every circumstance of our lives. In faith, just as in nature, we are meant to come together with others when we are happy and when we are sad; when the occasion is festive and when it is mundane; when we celebrate new life and when we bury loved ones; when we give ourselves to each other in marriage and when we need reconciliation; when our energy is high and when it is low; when we feel the need for each other and when we want distance from others; and when we have no other reasons to be together other than the fact that our nature invites us there." – Fr. Rolheiser

**Spiritual Questions:**

1. What does the Eucharist mean to you?
2. Why is the Eucharist so important in Church teaching?
3. How does the Eucharist unite us?
4. What part of the Mass is similar to the boy giving Jesus the loaves and fishes?
5. What do you bring to the Eucharist?